

# *G CRA Recreational Ringette*

## *Camp Information 2010*

Dear Parents and Campers,

Welcome to the Gloucester-Cumberland Ringette Association recreational day camp. This year, there will be two weeks of camp held at **Potvin Arena on Shefford Road. Week #1 of camp runs from August 9<sup>th</sup> -13<sup>th</sup>, 2010 and Week #2 runs from August 16<sup>th</sup> – 20<sup>st</sup>, 2010.** Each day runs from 9am-4pm, with pre and post care from 8am – 5pm. **There will be a charge for late pick-ups after 5pm, \$10 for every 15 minutes past 5pm.**

The players will be on the ice 3 times each day for approximately one hour.

**Parents, please send the following with your children each day:**

- \* A **PEANUT FREE** lunch and Healthy snacks, juice and water (there are water fountains at the arena, so refillable water bottles work well)
- \* Full ringette equipment including neck guard, shoulder pads, elbow pads, gloves, on-ice pants or hockey shorts, girdle, shin pads (that cover knee as well), skates, stick, helmet and jersey. Face mask on helmets must be CSA approved for ringette.
- \* Proper footwear for running and playing games. (PLEASE: No Flip flops!!!)
- \* Sunscreen and a hat are recommended, as we will spend lots of time outside weather permitting.

Please note that the use of cell phones by participants is not allowed.

No one will be allowed to leave the premises for any reason unless they have parental supervision.

A schedule will be available for you to pick up when you drop off your child at camp on Monday morning. Counselors will be making phone calls the week before camp to each of you to remind you of the above, as well as introduce themselves. The instructor will let you know what time your first ice is for Monday morning, if your child is on the ice at 9am we ask that they arrive between 8:15 am – 8:30 am to make sure they are ready to go on the ice at 9am.

We look forward to seeing you all for a fun filled week. If you have any additional questions, you may call or email me. If you have not received a call by the Sunday before camp begins for your child please call me.

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